

Signature Ritual

PROTOCOL

PROFESSIONAL PURPOSE | MENU DESCRIPTION

The Bambu Earth Signature Ritual is a restorative facial designed to rebalance both skin and senses. A double cleanse, gentle exfoliation, and restorative lifting massage bring clarity, smooth texture, and visible vitality. Tailored for every complexion, this treatment nurtures skin holistically while creating a state of deep relaxation.

Suitable for all skin types, with gentle alternatives for sensitive or inflamed conditions.

PRODUCTS USED



CASTOR + SQUALANE
CLEANSING OIL



ROSEWATER
CLEANSER



APPLE CIDER
TONER



HELICHRYSUM
HYDRATION MIST



3% BAKUCHIOL
BRIGHTENING
SERUM



ROSEHIP
REPAIRING
SERUM*
(MASSAGE SLIP)



SNOW MUSHROOM
HYDRATING MASK



BAMBU + WILLOW
POLISHING MASK



PAPAYA ENZYME
EXFOLIATING MASK
(SENSITIVE/
INFLAMED)



INTENSE HYDRATION
CACTUS
MOISTURIZER



DEAD SEA
DETOXIFYING MASK
(OPTIONAL, POST-
EXTRACTIONS)

*Rosehip Repairing Serum may be used alone or blended with cleansing oil for additional slip.

1-Hour Service Protocol

STEPS		DURATION
 STEP 1: CONSULTATION & WELCOME 1. Review client concerns, goals, and contraindications (cosmetic procedures, open lesions, allergies). 2. Confirm customizations: – Default/Resilient skin: Bambu + Willow Polishing Mask, Apple Cider Toner, and manual lifting massage. – Sensitive/Inflamed skin: Papaya Enzyme Mask, Helichrysum Mist, and lighter massage techniques. 3. Align on comfort level, massage pressure, and ritual intention. • Pro Tip: Begin with grounding touch—hands gently placed on the shoulders and guided breath to establish calm. 3 MINUTES		
 STEP 2: CLEANSE 1. Remove makeup with Rosewater Cleanser (quarter-size). Safe for lash extensions and contacts. 2. Follow with Castor + Squalane Cleansing Oil (quarter-size) for massage cleanse. Avoid lash line. 3. Emulsify with warm water and remove with a hot towel. • Pro Tip: Slow, intentional cleansing movements set a calming pace early in the treatment. 5-7 MINUTES		
 STEP 3: TONE 1. Apply Apple Cider Toner (quarter-size) with a cotton round/compress. • Reactive clients: substitute 3–5 mists of Helichrysum Mist. 1 MINUTE		
 STEP 4: EXFOLIATION • <i>Default:</i> Bambu + Willow Polishing Mask for texture, congestion, dullness. • <i>Sensitive:</i> Papaya Enzyme Mask for gentle enzymatic exfoliation. 1. Dispense ~1 tsp onto palette, apply evenly with fan brush/spatula. 2. Processing: – Sensitive: 5–8 minutes – Normal/Combination/Oily: 10–15 minutes (max 20) 3. Before removal: wet fingertips and massage upward circles for 10–30 sec/area (or use rotary brush on low). 4. Remove thoroughly with warm towel/compress. • Pro Tip: Offer a light scalp massage during processing for added sensory value. 10-15 MINUTES		
 STEP 5: EXTRACTIONS & OPTIONAL DOUBLE MASK 1. Perform extractions as needed. 2. Tone with Apple Cider Toner. 3. Optional: Apply Dead Sea Detoxifying Mask (1 tsp) locally or full-face for 5–10 minutes post-extractions. 4. Remove with warm towel. • Pro Tip: Keep pressure light and pace steady—communication enhances client trust. 5-15 MINUTES		
 STEP 6: LIFTING MASSAGE 1. Apply thin layer of Rosehip Repairing Serum (quarter-size) for slip. 2. Perform restorative lifting massage with upward strokes to release tension, improve circulation, and support skin vitality. 3. Adjust massage pressure and duration for sensitive or inflamed conditions. • Pro Tip: Keep movements slow and intentional to promote deep relaxation and visible lifting. 10-15 MINUTES		
 STEP 7: HYDRATION MASK 1. Apply a thin, even layer of Snow Mushroom Hydrating Mask (1tsp) post-massage. 2. Allow to process for 5–8 minutes while performing: 3. Remove gently with cool or tepid compress. • Pro Tip: Cold tools such as cryo globes or cooling stones can be gently massaged over the Snow Mushroom Hydrating Mask. This amplifies hydration benefits while reducing redness, calming inflammation, and leaving the skin visibly refreshed. 8 MINUTES		
 STEP 8: TARGETED TREATMENT 1. Apply 3–6 drops of 3% Bakuchiol Brightening Serum (3-6 drops) to face, neck, and décolleté. 2. Mist lightly with Helichrysum Hydration Mist (3–5 pumps). 3. Seal with Intense Hydration Cactus Moisturizer (pea-size). 5 MINUTES		
 STEP 9: CLOSING RITUAL 1. Gentle breathwork, pressure points, and gratitude to close. 2. Conclude with personalized homecare suggestions to extend results. • Pro Tip: Use grounding touch or guided breath to signal closure and smoothly transition into homecare discussion. 3 MINUTES		
CONTRAINDICATIONS Avoid or adjust the ritual if the client presents with: • Open wounds, lesions, or active infections. • Cosmetic procedures within the last 2 weeks (injectables, chemical peels, laser, microneedling, etc.). • Known ingredient allergies or sensitivities.		